



LEADER MAY I ACTIVITY SUPPLEMENT IN THE LEAD // WEEK 3 // OBEY YOUR LEADERS

Action Examples

Leader may I ...

... take 3 giant steps forward?

... do 2 baby crawls forward?

... do 1 cartwheel forward?

... hop 2 frog hops forward?

... take 4 spins forward?

... take 2 big jumps forward?

... do 1 somersault forward?

... do 3 karate kicks forward?

... roll 4 log rolls forward?

... take 3 crab walk steps forward?

... take 4 worm wiggles forward?

... hop on one foot 5 times?

... take 6 baby jumps forward?

... take 5 steps forward on my knees?

... tip toe forward 7 times?

... army crawl forward for 4 crawls?

... take 2 jumping jack steps forward?

... take 2 bunny hops forward?

... take 3 scoots forward?

... take 2 sideways steps forward?